

## English for adults... by the sea

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## Health and safety advice for Culver House and Churchfield House

- The loft hatch is to remain closed. Entry is forbidden.
- Do not lean out of the window in case of an accident
- Personal electrical items are used at your own risk. Electrical equipment supplied has all been PAT tested for electrical safety.
- Any damage or problems please report immediately on the emergency phone number
- Be careful not to trip on the steps in the back garden.
- Keep back and front steps clear of debris
- Lock doors and windows before leaving to prevent intrusion from strangers.
- Always clean up spills to prevent slipping
- Make sure that the fire blanket is always in the kitchen.
- Take care when going up and down the stairs inside the house.
- Don't open the door to strangers. Staff from school will have a key.
- Don't swallow chemicals or unknown fluids. If you have phone 999.

## An appointment with a family doctor

For minor illnesses you should go to a chemist and ask the pharmacist for advice.

In an emergency, please go to the Accident and Emergency Department of QEQM hospital in Margate. Cases are seen in order of how urgent they are, so you may have a long wait for a minor injury or illness.

We encourage students staying with a host family who require an appointment with a doctor to get one with their host family's doctor. If this is not possible, and for students staying in Culver House or Churchfield House we suggest using the local medical centre: Limes Surgery.

## Procedure for students at Limes Surgery

Students should just turn up or telephone to get an appointment.

Firstly you need to tell them you are from English in Margate and you will have to register as a temporary resident.

You will have to fill in a basic form at the surgery with your name, age + date of birth, home address and temporary address in Margate.

You should take your passport and English in Margate Identity Card and any medical insurance documents. It would be a good idea to take photocopies of these documents.

You pay nothing to the doctor. All payments would be made at Reception.

You will not have preference over the registered patients, and may not be able to get an appointment straight away, as registered patients take priority over temporary resident patients. Long stay students can also register with the host family doctor as a temporary resident.

Limes Surgery contact information:

Address: The Limes Medical Centre Trinity Square Margate Kent CT9 1QY Telephone: 0844 499 6980 Fax: 0844 499 6981





